

## Upcoming - Capital District Female Ice Times

We are pleased to announce upcoming ice times for our Female A teams out of Capital District:

This Weekend:

U9A (2014,2015)	Friday, Oct. 14 Saturday, Oct. 15 Sunday, Oct. 16	5:10pm 12:10pm 9:10am	Simmons Simmons Simmons
U11A (2012,2013)	Saturday, Oct. 15 Sunday, Oct. 16	5:00pm 4:10pm	Cody Banks Cody Banks
U13A (2010,2011)	Saturday, Oct. 15 Sunday, Oct. 16	2:30pm 4:10pm	Simmons Simmons
U15A (2008,2009)	Saturday, Oct. 15 Sunday, Oct. 16	6:10pm 5:20pm	Cody Banks Cody Banks
U18A (2005,2006,2007)	Friday, Oct. 14 Tuesday, Oct. 18	7:30pm 6:20pm	Simmons Simmons

Regular Season Ice times are as follows and will start October 18th:

U9A Team 1 Practice (shared ice) Games	Sunday Friday	9:10am 5:10pm	Simmons Simmons
U9A Team 2 Practice (shared ice) Games	Sunday Saturday	9:10am 12:10pm	Simmons Simmons
U11A Team 1 Practice Games	Monday Saturday	6:00am 2:40pm	Eastlink Centre Cody Banks
U11A Team 2 Practice Games	Friday Tuesday	6:00am 6:35pm	Eastlink Centre Cody Banks
U13A Team 1 Practice (shared ice) Games	Thursday Saturday	7:00pm 6:30pm	Bell Aliant Centre – B Simmons
U13A Team 2 Practice (shared ice) Games	Thursday Sunday	7:00pm 4:10pm	Bell Aliant Centre -B Simmons
U15A Practice Games	Tuesday Saturday	6:15am 1:30pm	Eastlink Centre Cody Banks
U18A Team 1 Practice (shared ice) Games	Sunday Friday	1:45pm 7:30pm	Eastlink Centre Simmons
U18A Team 2 Practice (shared ice) Games	Sunday Wednesday	1:45pm 9:00pm	Eastlink Centre Bell Aliant Centre - A

For those divisions with multiple teams (U9, U11, U13, U18), players should attend all practices and game times until the teams are divided, at which time you only attend your designated team time.

Wishing you all a great season! ~ The Capital District Committee